

Race To The Taste 5-Mile Run

COME FOR THE RACE AND STAY FOR THE TASTE!



Date: Sunday, August 22, 2010

Time: 9:00 AM CDT

Where: Porter County Expo & Fairgrounds
215 E Division Rd
Valparaiso, IN 46383



All runners and their families can join in the fun at the **TASTE OF PORTER COUNTY**.

The event will feature a ton of food, kids games, Arts & Crafts, a Battle of the Bands, and a beer garden. **There are no fees for runners to park.**

Registration will be from 7:30 - 8:45 am. This is a CRS Gold Cup Series race and a \$4.00 discount will be offered to all pre-registered Calumet Region Striders by Aug. 13th.

Entry Fee: \$19.00 received by August 13th, 2010 with shirt; \$14.00 without shirt.
After August 13th and on race day, \$17.00 without shirt.

Only pre-registered runners will receive a FREE QUALITY T-SHIRT.

Awards: Overall Male & Female, Masters (40 & Over) Male & Female, and Grand Masters (50 & Over) Male & Female
Top three finishers Male & Female in each age group: 12 & under; 13-14, 15-18; 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 & over
(No duplicate awards)

To Enter: Make checks payable to:

M & S Enterprises
PO Box 2205
Valparaiso, IN 46384
(Your check is your confirmation.)

Contact: Call Mario at **219-464- 9918** or e-mail at **marioalva@comcast.net**.
Additional information may be found at: **www.tasteofportercounty.com**

Divisions (circle one): 12 & under; 13-14; 15-18, 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 & over

Name: _____ **Age (on race day):** _____

Address _____ **City** _____ **State** _____ **Zip** _____

Phone _____ **Male** _____ **Female** _____ **T-shirt size: (S, M, L, XL)** _____ **Total Enclosed:** _____

In signing this form, I assume all responsibility and agree to waive any responsibility for event organizers, M&S Enterprises, Porter County Expo Center and Fairgrounds, Calumet Region Striders and all other sponsors, suppliers, subcontractors, volunteers, or any other entity associated with the event for any injury incurred, during said race. I verify that I am physically fit and have trained sufficiently for this event.

Signature (parent or guardian if under 18)

_____ **Date:** _____